

# Seaflora Facial

I really am excited about these products and believe firmly in their therapeutic value. I am performing Seaflora facials with some aromatherapy included, and also incorporating some of the Seaflora body products into my holistic modalities. My oceanic memories and maritime roots are revealing themselves ...

Seaflora products are a blend of raw organic whole seaweed and natural ocean ingredients to produce exquisite products that hydrate and nourish the skin. The premium quality seaweeds are hand-harvested from off the coast of British Columbia. The integrity of the whole seaweed is maintained through gentle processing, ensuring to retain all the nutrients, minerals and vitamins contained deep within the plant. Seaflora is the richest seaweed skincare in the world.

The harvested seaweeds are rich in amino acids that help firm and renew tissues and fatty acids to increase fluidity of cellular membranes and to reduce inflammation. Seaweed contains 100-200 times the concentration of the vitamins and minerals as found in ocean water. They accumulate minerals directly from the ocean and concentrate them within their plant structures. All these health-giving minerals in Seaflora

seaweeds are readily available to you. In particular, the seaweeds are a potent source of iodine. Iodine has been used for centuries to unload toxic substances in the body. Today, iodine compounds have been shown to lower blood cholesterol and cause weight reduction in humans, reverse fibrocystic breast disease, lower the incidence of breast cancer, improve symptoms of fibromyalgia and migraines, manage menopause symptoms, and help regulate metabolic and endrocrinal disorders such as diabetes and hypothyroidism.

## **Benefits of using Seaflora Wild Organic Seaweed Skincare**

The stresses of everyday life, fatigue, pollution and poor eating habits all affect the body leading to vitamin and mineral deficiencies, which may result in loss of firmness, wrinkles, and dry skin. It has been proven that seaweed stimulates and improves blood and lymph circulation, thereby

revitalizing and firming the skin while re-establishing natural moisture levels. It is known to nourish, oxygenate and detoxify the skin leading to the reduction in appearance of cellulite.

The benefits of seaweed to the skin include re-balancing, nourishing, hydrating, cell regenerating, detoxifying, purifying, oxygenating, and re-mineralizing. Regular Seaflora treatments can assist in the delay of ageing process due to their great penetration of seaweed nutrients, anti-oxidants, minerals, and trace elements. Seaflora skincare line is beneficial for use on any skin type or concern - even for those suffering from acne, because the antiseptic and nutrient rich properties of the seaweed will help to heal the skin without over-drying it.



“I’m loving the results of your skincare products over a year into using them! At 34 I have the best skin I’ve ever had!” Lindsay MacNeil

# **Ocean Components of Seaflora**

## **Thalassotherapy Products**

- Marine Ocean Mud – Seaflora certified organic ocean mud is harvested 100 metres off shore and remains under the ocean for 10 months per year, thus retaining a high mineral content. The ocean mud is analgesic and soothing and provides a gentle exfoliation for face and body.
- Pacific Sea Salts - These natural salts enhance elimination of toxins, support proper nutrient absorption, prevent muscle cramps, regulate natural sleep cycles, and reduce inflammation.
- Ocean Water - Ocean water is the most complete mineral water. It re- mineralizes, oxygenates, and heals irritation. The blood circulating in our veins retains the memory of ocean water from which our origins can be traced. In fact, human plasma is chemically close to ocean water, but in a more diluted form. Before antibiotics were created,

people with respiratory diseases and inflammatory illnesses were sent to the ocean to heal. Many coastal residents still rely on this proven method of healing.

Seaflora is the richest and most healing seaweed skincare in the world. We invite you to experience a complete Seaflora facial (\$90 all included), now available at Healing on the Danforth. Sea Kelp Softening Facial Moisturizer, Wild Sea Kelp Body Lotion, Therapeutic Firming Seaweed Gel, Soothing Sea Kelp Soak and Wild Sea Garden Tea are available for purchase to enhance further detoxification and skincare regime at home.



Timothy Phillips celebrated his sixtieth birthday by hiking Spain's Camino de Santiago. The almost eight hundred kilometer trek became a month-long test of physical stamina, with weather extremes, a range of fellow pilgrims, and hours of introspection that caused him to question his childhood, his life, and many long-held ideas and beliefs. These challenges shook loose the very foundations of his being. Timothy brings a photographer's eye to detailed descriptions of the trek that appeal to all the senses and invites the reader to join him on his healing journey.

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